



## Community Support During the Pandemic

### **Emotional Support Help Line 1-866-342-6892**

Free of charge and available to anyone, so you can share it with family and friends. Caring professionals will connect people to resources.

Available 24 hours a day, seven days a week.

### **Nurseline at 1-877-365-7949**

Free of charge to anyone who has clinical questions or concerns.

Available 24 hours a day, seven days a week.

### **COVID-19 Recovery Resources**

Go to [www.covid19recoverytexas.org](http://www.covid19recoverytexas.org) for many helpful daily living resources during the pandemic.

Available 24 hours a day, seven days a week.